



# FITNESS CLASSES

MAY HALF TERM & SUMMER HOLS

	08.15 - 0900	08.15 - 0900	1800 - 1845
MONDAY	HIIT	YOGA	YOGA
TUESDAY	CIRCUITS	YOGA	
WEDNESDAY	HIIT	YOGA	YOGA
THURSDAY	CIRCUITS	YOGA	
FRIDAY		YOGA	
SATURDAY	HIIT	YOGA	
SUNDAY	CIRCUITS	YOGA	



# FITNESS CLASSES

7TH JUNE - 2ND JULY

	0900 - 1000		1800 - 1845
MONDAY	YOGA		
TUESDAY	YOGA		
WEDNESDAY			
THURSDAY			
FRIDAY			
SATURDAY	YOGA		
SUNDAY			